


MONTROSE PAVILION SENIOR CENTER CALENDAR MAY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 8:30 Creative Arts 9-3 Pedicures 9:00 Strength/Balance 9:45 Live Zumba Class 9:45 Crafty Chatty 1-3 Bunco 1-3 Mahjong 2:00 (*) <i>How to Use an Android Smartphone</i>	2 9:00 Stretch Exercise 12:30-3:00 Ceramics 1-3 Texas Hold'em Tournament 1-3 Pinochle	3 50+ TRIP—Dunton Hot Springs 9-3 Pedicures 9:00 Moving w/Mike DVD 9:45 Zumba DVD 10-11 Feldenkrais Method (Crafts Room) 1-3 Black Canyon Woodcarvers 1-3 Cribbage 1-4 Hand & Foot	4 9:00 Stretch Exercise
7 9:00 Stretch Exercise 9:00 Tai Chi Chih Practice (Crafts Room) 11-12 Closed Group Mtg. (Crafts Room) 1:00 Golden Circle Meeting 1-4 Bridge 4-6 Jam Session 4-6 Line Dancing	8 8:30 Creative Arts 9:00 Moving w/Mike DVD 9:45 Zumba DVD 9:45 Crafty Chatty 1-3 Mexican Train 1-3 Mahjong 2:00 (*) <i>How to Use an Android Smartphone</i>	9 9:00 Stretch Exercise 12:30-3:00 Ceramics 1-2 Bingo (with Valley Manor) 1-3 Pinochle	10 50+ TRIP—Morrow Point Dam Tour 9:00 Moving w/Mike DVD 9:45 Zumba DVD 10-11 Feldenkrais Method (Crafts Room) 1-3 Black Canyon Woodcarvers 1-3 Cribbage 1-4 Hand & Foot	11 8:30-12 Reflexology 9:00 Stretch Exercise 1-4 Bridge Saturday, May 12 <u>50+ TRIP</u> <u>Sheep Dog Trials</u> <u>SATURDAY NIGHT DANCE</u> <i>Music by New Vision</i> 7:30-11 pm
14 9:00 Stretch Exercise 9:00 Tai Chi Chih Practice (Crafts Room) 1:00 (*) Lunch 'n' Learn <i>Archaeology of the Uncompahgre Valley</i> by Glade Hadden 1-4 Bridge 4-6 Jam Session 4-6 Line Dancing	15 8:30 Creative Arts 9-3 Chair Massage/Dan 9:00 Moving w/Mike DVD 9:45 Zumba DVD 9:45 Crafty Chatty 1-3 Omaha Poker Tournament 1-3 Mahjong 2:00 (*) <i>How to Use an Android Smartphone</i>	16 9:00 Stretch Exercise 12:30-3:00 Decorative Painting 1-3 Bingo (with MRD) 1-3 Pinochle	17 50+ TRIP—Hike 9-3 Dental Hygiene 9:00 Moving w/Mike DVD 9:45 Zumba DVD 10-11 Feldenkrais Method (Crafts Room) 1-3 Black Canyon Woodcarvers 1-3 Cribbage 1-4 Hand & Foot	18 9:00 Stretch Exercise
21 9:00 Stretch Exercise 9:00 Tai Chi Chih Practice (Crafts Room) 1-4 Bridge 4-6 Jam Session 4-8 Monday Night Out 6-8 Line Dancing 6:15-8 Montrose Connection (Montrose Library Community Room)	22 50+ TRIP—Float Trip 8:30 Creative Arts 9:00 Moving w/Mike DVD 9:45 Zumba DVD 9:45 Crafty Chatty 10-3 Chair Massage with Michele 1-3 Omaha Poker 1-3 Mahjong	23 9:00 Stretch Exercise 12:30-3:00 Ceramics 1-2 Bingo (with Valley Manor) 1-3 Pinochle	24 9:00 Moving w/Mike DVD 9:45 Zumba DVD 1-3 Black Canyon Woodcarvers 1-3 Cribbage 1-4 Hand & Foot	25 9:00 Stretch Exercise 1-4 Bridge Saturday, May 26 <u>SATURDAY NIGHT DANCE</u> <i>Music by Thin Air</i> 7:30-11 pm
28 CLOSED FOR memorial DAY 	29 8:30 Creative Arts 9-3 Pedicures 9:00 Moving w/Mike DVD 9:45 Zumba DVD 9:45 Crafty Chatty 1-3 Omaha Poker 1-3 Mahjong	30 9:00 Stretch Exercise 12:30-3:00 Ceramics Party 1-3 Pinochle	31 50+ TRIP—Cabin Fever Blues Buster in GJ 9:00 Moving w/Mike DVD 9:45 Zumba DVD 1-3 Black Canyon Woodcarvers 1-3 Cribbage 1-4 Hand & Foot	For general information call Cindy at 252-4884. (*) Resource Services Program. Call Marilynn at 252-1040 for more information.