

MONTROSE PAVILION SENIOR CENTER CALENDAR MARCH 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>For general information call Cindy at 252-4884.</p> <p>(*) Resource Services Program. Call Marilyn at 252-1040 for more information.</p>			<p>1 50+ TRIP—Ouray Business Tours</p> <p>9-4 AARP Tax-Aide 9:00 Moving w/Mike DVD 9:45 Zumba DVD 1-3 Cribbage 1-4 Hand & Foot</p>	<p>2 9:00 Stretch Exercise</p> <p>BALLROOM CLOSED AFTER LUNCH</p>
<p>5 9:00 Stretch Exercise 9:00 Tai Chi Chih Practice (Crafts Room) 11-12 Closed Group Mtg. (Crafts Room) 1-4 Bridge 2:00 Golden Circle Meeting 4-6 Jam Session 4-6 Line Dancing</p>	<p>6 50+ TRIP—Snowshoeing</p> <p>8:30 Creative Arts 9-3 Pedicures 9-4 AARP Tax-Aide 9:00 Strength/Balance 9:45 Live Zumba Class 9:45 Crafty Chatty 1-3 Bunco 1-3:45 Mahjongg</p>	<p>7 8:30 Round Dancing 9:00 Stretch Exercise 12:30-3:00 Ceramics 1-3 Texas Hold'em Tournament 1-3:45 Pinochle</p>	<p>8 50+ TRIP—Frag Glass Art Class</p> <p>9-4 AARP Tax-Aide 9:00 Moving w/Mike DVD 9:45 Zumba DVD 1:00 (*) "Is it an Alzheimer's diagnosis or Lewy Body" 1-3 Cribbage 1-4 Hand & Foot</p>	<p>9 8:30-12 Reflexology 9:00 Stretch Exercise 1-4 Bridge</p> <p>Saturday, March 10</p> <p>SATURDAY NIGHT DANCE Music by Route 66 7:30-11 pm</p>
<p>12 9:00 Stretch Exercise 9:00 Tai Chi Chih Practice (Crafts Room) 1:00 (*) Lunch 'n' Learn "How the Names of the Peaks Around Ouray Were Chosen" by Don Paulson 1-4 Bridge 4-6 Jam Session 4-6 Line Dancing</p>	<p>13 8:30 Creative Arts 9-3 Chair Massage/Dan 9-4 AARP Tax-Aide 9:00 Moving w/Mike DVD 9:45 Zumba DVD 9:45 Crafty Chatty 1-3 Mexican Train 1-3:45 Mahjongg</p>	<p>14 8:30 Round Dancing 9:00 Stretch Exercise 12:30-3:00 Ceramics 1-2 Bingo (with Valley Manor) Fruita Seniors are joining us today! 1-3:45 Pinochle</p>	<p>15 9-4 AARP Tax-Aide 9:00 Moving w/Mike DVD 9:45 Zumba DVD</p> <p>BALLROOM CLOSED AFTER LUNCH Cards, Games and Cribbage Cancelled</p>	<p>16 9:00 Stretch Exercise</p> <p>BALLROOM CLOSED AFTER LUNCH</p> <p>Saturday, March 17</p> <p>50+ TRIP—Eckert Crane Days</p>
<p>19 9:00 Stretch Exercise 9:00 Tai Chi Chih Practice (Crafts Room) 9-3 Pedicures 1:00 (*) MARCH MOVIE CANCELLED 1-4 Bridge 4-6 Jam Session 4-8 Monday Night Out 6-8 Line Dancing</p> <p>6:15-8 Montrose Connection (Montrose Library Community Room)</p>	<p>20 8:30 Creative Arts 9-3 Pedicures 9-4 AARP Tax-Aide 9:00 Moving w/Mike DVD 9:45 Zumba DVD 9:45 Crafty Chatty 1:00 Omaha Poker Tournament 1-3:45 Mahjongg</p>	<p>21 8:30 Round Dancing 9:00 Stretch Exercise 12:30-3:00 Decorative Painting 1-3 Bingo (with MRD) 1-3:45 Pinochle</p>	<p>22 9-3 Dental Hygiene 9-4 AARP Tax-Aide 9:00 Moving w/Mike DVD 9:45 Zumba DVD 1-3 Cribbage 1-4 Hand & Foot</p>	<p>23 9:00 Stretch Exercise 1-4 Bridge</p> <p>BALLROOM CLOSED AFTER LUNCH</p> <p>Saturday, March 24</p> <p>SATURDAY NIGHT DANCE Music by New Vision 7:30-11 pm</p>
<p>26 9:00 Stretch Exercise 9:00 Tai Chi Chih Practice (Crafts Room) 1-3 Texas Hold'em 1-4 Bridge 4-6 Jam Session 4-6 Line Dancing</p>	<p>27 50+ TRIP—Colorado River Walk & Bird Watching</p> <p>8:30 Creative Arts 9-4 AARP Tax-Aide 9:00 Moving w/Mike DVD 9:45 Zumba DVD 9:45 Crafty Chatty 10-3 Chair Massage/ Michele 1:00 Omaha Poker 1-3:45 Mahjongg</p>	<p>28 8:30 Round Dancing 9:00 Stretch Exercise 12:30-3:00 Ceramics 1-2 Bingo (with Valley Manor) 1-3:45 Pinochle</p>	<p>29 9-4 AARP Tax Aid 9:00 Moving w/Mike DVD 9:45 Zumba DVD 1-3 Cribbage 1-4 Hand & Foot</p>	<p>30 9:00 Stretch Exercise</p>