


MONTROSE PAVILION SENIOR CENTER CALENDAR JANUARY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 PAVILION CLOSED 	2 8:30 Creative Arts 9:00 Strength/Balance 9:45 Live Zumba Class 9:45 Crafty Chatty 1-3 Bunco	3 9:00 Stretch Exercise 12:30-3:00 Ceramics 1:00 Golden Circle Board Meeting 1:00-3:15 Texas Hold'em Tournament 2:45-3:45 Wednesday Afternoon Dance	4 8:30-9:30 Round Dancing (Crafts Room) 9:00 Moving w/Mike DVD 9:45 Zumba DVD 1-3 Black Canyon Woodcarvers 1-3 Cribbage 1-4 Hand & Foot	5 9:00 Stretch Exercise
8 9:00 Stretch Exercise 9:00 Tai Chi Chih Practice (Crafts Room) 10:00 Tai Chi Chih Class 1:00 Golden Circle Meeting 1-4 Bridge 4-6 Jam Session 4-6 Line Dancing	9 50+ TOUR—James M Robb State Park Winter Walking 8:30 Creative Arts 9-3 Chair Massage with Dan 9:00 Moving w/Mike DVD 9:45 Zumba DVD 9:45 Crafty Chatty 1-3 Mexican Train	10 9:00 Stretch Exercise 12:30-3:00 Decorative Painting 1-2 Bingo (with Valley Manor) 2:45-3:45 Wednesday Afternoon Dance	11 8:30-9:30 Round Dancing (Crafts Room) 9:00 Moving w/Mike DVD 9:45 Zumba DVD 1:00 (*) "Take a Trip to Alaska" in pictures 1-3 Black Canyon Woodcarvers 1-3 Cribbage 1-4 Hand & Foot	12 8:30-12 Reflexology 9:00 Stretch Exercise SENIOR CENTER CLOSED AFTER LUNCH <i>January 13</i> SATURDAY NIGHT DANCE <i>Music by New Vision</i> 7:30-11 pm
15 9:00 Stretch Exercise 9:00 Tai Chi Chih Practice (Crafts Room) 10:00 Tai Chi Chih Class 1:00 (*) Lunch 'n' Learn "Fur Trade Stories" 1-4 Bridge 4-6 Jam Session 4-8 Monday Night Out 6-8 Line Dancing 6:15 Montrose Connection (Montrose Rec Center)	16 8:30 Creative Arts 9:00 Moving w/Mike DVD 9:45 Zumba DVD 9:45 Crafty Chatty 1:00 Omaha Poker Tournament	17 9:00 Stretch Exercise 12:30-3:00 Decorative Painting 1-3 Bingo (with MRD) 2:45-3:45 Wednesday Afternoon Dance	18 50+ TOUR – Frag Art Class 8:30-9:30 Round Dancing (Crafts Room) 9-3 Dental Hygiene 9:00 Moving w/Mike DVD 9:45 Zumba DVD 1-3 Black Canyon Woodcarvers 1-3 Cribbage 1-4 Hand & Foot	19 9:00 Stretch Exercise
22 9:00 Stretch Exercise 9:00 Tai Chi Chih Practice (Crafts Room) 10:00 Tai Chi Chih Class 1:00 (*) Movie & Popcorn: "Guarding Tess" 1-3 Texas Hold'em 1-4 Bridge 4-6 Jam Session 4-6 Line Dancing	23 8:30 Creative Arts 9-3 Pedicures 9:00 Moving w/Mike DVD 9:45 Zumba DVD 9:45 Crafty Chatty 10-3 Chair Massage with Michele 1:00 Omaha Poker	24 9:00 Stretch Exercise 12:30-3:00 Ceramics 1-2 Bingo (with Valley Manor) 2:45-3:45 Wednesday Afternoon Dance	25 50+ TOUR – Black Canyon Snowshoeing 8:30-9:30 Round Dancing (Crafts Room) 9:00 Moving w/Mike DVD 9:45 Zumba DVD 1-3 Black Canyon Woodcarvers 1-3 Cribbage 1-4 Hand & Foot	26 9:00 Stretch Exercise SENIOR CENTER CLOSED AFTER LUNCH <i>January 27</i> 50+ Trip Metropolitan Opera SATURDAY NIGHT DANCE <i>Music by Ghost River</i> 7:30-11 pm
29 9:00 Stretch Exercise 9:00 Tai Chi Chih Practice (Crafts Room) 10:00 Tai Chi Chih Class 1-4 Bridge 4-6 Jam Session 4-6 Line Dancing	30 8:30 Creative Arts 9-3 Pedicures 9:00 Moving w/Mike DVD 9:45 Zumba DVD 9:45 Crafty Chatty 1:00 Omaha Poker 2:00 Informational Meeting—Great Trains & Grand Canyons	31 9:00 Stretch Exercise 12:30-3:00 Ceramics 2:45-3:45 Wednesday Afternoon Dance		For general information call Cindy at 252-4884. (*) Resource Services Program. Call Marilynn at 252-1040 for more information.